



Come practise the present perfect continuous!

**i** We use the present perfect continuous when we want to say that something started in the past and is still continuing now.

And to talk about a past action which recently stopped.

The present perfect continuous is formed with "has/have been" + "the ing-form of the verb" (present participle).  
For example: I have been watching the TV series for a month now. OR I am wet. It has been raining.

**?**

**She \_\_\_\_\_ been looking forward to the show.**

- have
- was
- has

**?**

**I have not been \_\_\_\_\_ football since my injury.**

- playing
- played
- play

**?**

**Aunt Lisbet \_\_\_\_\_ been helping us recently.**

- are
- have
- has

**?**

**It has not \_\_\_\_\_ raining all month.**

- be
- been
- are

**?**

**Mr Thomson has been \_\_\_\_\_ for an hour.**

- talked
- talk
- talking

**?**

**Have you been \_\_\_\_\_ in the canteen lately?**

- eating
- eat
- ate



?

**Jaden \_\_\_\_\_ been watching TV for two hours.**

- was
- has
- have

?

**How long have you \_\_\_\_\_ learning French?**

- been
- be
- are

?

**I have been \_\_\_\_\_ handstands for three weeks now.**

- practise
- practising
- practised

?

**I have been \_\_\_\_\_ my trip to Italy recently.**

- organised
- organise
- organising

?

**He \_\_\_\_\_ been reading the Narnia trilogy for the past weeks.**

- has
- was
- have

?

**\_\_\_\_\_ you been listening? I don't think you get it.**

- Was
- Has
- Have

?

**She has been \_\_\_\_\_ this song for month now! I can't stand it anymore!**

- singing
- sing
- sang