



Let's practise the past continuous!

i We use the past continuous for an action that was suddenly interrupted by another one. For example: I was doing my homework when the telephone rang. Signal words: when, while

The past continuous also describes a past habit of someone or something that happened again and again: "He was always leaving the door open".

i How to form this tense: Use the simple past of "to be": "was" for I and he/she/it and "were" for you, we and they and then add "-ing" to the verb.

For example: I was watching TV. OR We were having lunch.

?

Peter was always _____ us woolly jumpers.

- ☐ knitting
- ☐ knit
- ☐ to knit

?

They _____ playing football when it started to rain.

- ☐ was
- ☐ is
- ☐ were

?

He was always _____ into the house with his dirty boots on.

- ☐ walk
- ☐ walked
- ☐ walking

?

We were _____ lunch when Theo came for a visit.

- ☐ had
- ☐ have
- ☐ having

?

I _____ looking for my glasses when I accidentally sat on them.

- ☐ were
- ☐ was
- ☐ be





?

They _____ singing together every week.

- ☐ is
- ☐ was
- ☐ were

?

Were you _____ my Christmas present when I came in?

- ☐ hide
- ☐ hid
- ☐ hiding

?

She was often _____ in bed.

- ☐ read
- ☐ reading
- ☐ reding

?

My friends _____ just telling me about their weekend when the teacher came in.

- ☐ was
- ☐ is
- ☐ were

?

Our new house _____ changing fast because of all the renovation work.

- ☐ was
- ☐ are
- ☐ were

?

Daisy was _____ to me when she saw me earlier.

- ☐ waving
- ☐ waved
- ☐ wave

?

James and Julian were always _____ in town after school.

- ☐ meeting
- ☐ met
- ☐ meet